

## TRAINING IN KATHAK

Derived from the word ‘Katha’, the Kathak dance form finds its origin in Uttar Pradesh. Training in Kathak as an Add – On Course was introduced in the session 2022 – 23 for the students of the College.

### Objectives of the Course

1. To inspire students to learn basic tenets of Indian Classical Dance forms, beginning with Kathak.
2. To teach students the inter – relationship between Kathak and other Indian dance forms.
3. To encourage students to serve as torch bearers to preserve traditional dance forms of India.

### Course Outcome

After completion of this Course, students would

1. Be aware of their tradition and culture.
2. Be able to express themselves creatively.
3. Be able to transmit their skills and training to other aspiring learners.
4. Be more confident towards their approach to life.

### Syllabus

#### Theme based Training

- Guru Vandana
- Lord Krishna’s Butter Stealing episode
- Annihilation of Ravana
- Lord Krishna’s Mathura visit
- Sacrifice of Sati